













February 2019



Lourdes Rehab and Healthcare

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Make your heart happy!</i></p> 	<p>Daily Mail Delivery </p> 		<p>Beauty Shop is Open on Wednesday's</p>	<p>Location Key MH = Mendelson Hall + = Chapel RH = Rehab Day Room L = Main Lobby M+ = Meditation Chapel</p>	<p>10:30 Kindling for the Spirit (MH) 11:15 Exercise (MH) 1:30 Dog visits with Sophie 2:30 Trivia (MH) 4:00 Short Stories (MH) </p>	<p>2 9:30 Sunshine Visits 10:30 Word Games (MH) 2:30 Card Bingo (MH) Groundhog Day</p>
<p>3 9:30 Sunshine Visits 10:30 Coffee Cart on Rehab (RH) 2:30 Football Follies (MH) Super bowl - Rams vs. Patriots 6:30pm</p>	<p>4 10:00 Activity Cart 11:00 Mass: Blessing of the throats +  2:30 Bingo (L) 4:00 Chair Yoga (MH)</p>	<p>5 10:30 Music Therapy: Musical Contributions of African Americans (MH) 11:15 Men's Choir (MH) 2:30 Rosary (m+) 3:15 Interdenominational Service (m+)</p>	<p>6 10:30 Coffee and News (MH) 2:30 Bowling + 4:15 Restorative Exercise (MH) 6:00 Ladder Ball (MH) </p>	<p>7 10:00 Activity Cart 11:00 Mass + 2:30 OMA 4:45 Dinner & Movie (MH)</p>	<p>8 10:30 Kindling for the Spirit (MH) 11:00 Exercise (MH) 1:30 Dog visits with Sophie 2:30 Wii Bowling (MH) 4:00 Read Aloud (MH) </p>	<p>9 9:30 Sunshine Visits 10:30 Pictionary (MH) 2:30 Card Bingo on Rehab</p>
<p>10 9:30 Sunshine Visits 10:30 Nail Painting 2:30 Arts & Crafts (MH) </p>	<p>11 10:30 Valentine's Cards 1:30 Healing Mass + 4:00 Chair Yoga (MH)</p>	<p>12 10:30 Music Therapy (MH) 11:15 Men's Choir (MH) 2:30 Rosary (MH)  3:15 Brush Strokes (MH)</p>	<p>13 10:30 Word Games (MH) 2:30 The D&A Duo Concert (L) 4:15 Restorative Exercise (MH) 6:00 Evening Meditation (MH)</p>	<p>14 10:00 Activity Cart  11:00 Mass + 2:30 OMA 4:45 Dinner & a Romantic Movie (MH) Valentine's Day</p>	<p>15 10:00 Pet Therapy Visits 10:30 Kindling for the Spirit (MH) 11:15 Exercise (MH) 1:30 Dog visits with Sophie 2:30 Happy Hour: Pizza and trivia (MH) 4:00 Short Stories (MH)</p>	<p>16 9:30 Sunshine Visits 10:30 Arts and Crafts with the Daughters of Isabella (MH) 2:30 Card Bingo (MH)</p>
<p>17 9:30 Sunshine Visits 10:30 Coffee Cart on Rehab (RH) 2:30 Showtime (MH)</p>	<p>18 10:00 Activity Cart 11:00 Mass + 2:30 Bingo (L) 4:00 Chair Yoga (MH) Presidents Day</p>	<p>19 10:30 Black History Month: Music Therapy (MH) 11: Men's Choir (MH) 2:30 Rosary (m+) 3:15 Interdenominational Service (m+)</p>	<p>20 10:30 Coffee and News (MH) 2:30 Bingo Buck Store (L) 4:15 Restorative Exercise (MH) 6:00 Games (MH)</p>	<p>21 10:00 Activity Cart 11:00 Mass + 2:30 OMA 4:45 Dinner & Movie (MH)</p>	<p>22 10:30 Kindling for the Spirit (MH) 11:15 Exercise (MH) 1:30 Dog visits with Sophie 2:30 Piano concert with Steve Burman (L) 4:00 Read Aloud (MH)</p>	<p>23 9:30 Sunshine Visits 10:30 Word Games (MH) 2:30 Card Bingo on Rehab</p>
<p>24 9:30 Sunshine Visits 10:30 Nail Painting 2:30 Kick Ball (MH)</p>	<p>25 10:00 Activity Cart  11:00 Mass + 2:30 Bingo (L) 4:00 Chair Yoga (MH)</p>	<p>26 10:15 1:1 Visits w/ Laurie 10:15 Lutheran Service M+ 2:30 Rosary (MH) 3:15 Resident Council (MH)</p>	<p>27 10:30 Google This (MH)  2:30 Birthday Party (L) 4:15 Restorative Exercise (MH) 6:00 Evening Meditation</p>	<p>28 10:00 Activity Cart 11:00 Mass + 2:30 OMA 4:45 Dinner & Movie (MH)</p>	<p>2/9 Mary Welsh 2/11 Janet Anding 2/13 Sharon Grinnell 2/17 Lorraine Yonko 2/20 Daniel Doss 2/25 Joe Wright 2/25 Robert Woodruff</p> 