

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

March 2019



3	4	5	6	7	8	9
9:30 Sunshine Visits 10:30 Coffee cart rehab 2:30 Rosary (m+)	10:00 Activity Cart 11:00 Mass + 2:30 Bingo (L) 4:00 Chair Yoga (MH)	10:15 Music Therapy (MH) 11:15 Men's Choir 3:15 Interdenominational Service (m+) 4:30 Room Visits	10:30 Coffee and News (MH) 2:30 Spoon Man 4:15 Restorative Exercise (MH) 6:00 Evening Group <i>Ash Wednesday</i>	10:00 Activity Cart 11:00 Mass + 2:30 OMA 4:45 Dinner & a Movie (MH)	11:00 Read Aloud : Celebrating Dr. Seuss with kids from Our Lady of Refuge 1:30 Dog visits with Sophie 2:30 Showtime: Dr. Seuss	9:30 Sunshine Visits 10:30 Word Games (MH) 2:30 Card Bingo (MH)
10	11	12	13	14	15	16
9:30 Sunshine Visits 10:30 Arts & Crafts (MH) 2:30 Rosary (m+)	10:00 Activity Cart 11:00 Mass & Anointing 2:30 Bingo (L) 4:00 Chair Yoga (MH)	11:15 Men's choir concert+ 2:30 Stations of the Cross+ 4:00 Brush Strokes (MH)	10:30 Word Games (MH) 2:30 Travel along with Bob to Portugal "The good, the bad and the Beautiful" 4:15 Restorative Exercise (MH)	10:00 Activity Cart 11:00 Mass + 2:30 Bowling at Century 4:45 Dinner & a Movie (MH)	10:30 Kindling for the Spirit (MH) 11:00 Exercise (MH) 1:30 Dog visits with Sophie 2:30 Planet Earth 4:00 Wii Bowling (MH)	9:30 Sunshine Visits 10:30 Pictionary (MH) 2:30 Card Bingo on Rehab
17	18	19	20	21	22	23
9:30 Sunshine Visits 10:30 St. Patrick's Day Trivia 2:30 St. Patrick's Day Social and Sing-a-long with Caroljean	10:00 Activity Cart 11:00 Mass + 2:30 Bingo (L) 4:00 Chair Yoga (MH)	10:15 Music Therapy 11:15 Chimes 2:30 Stations of the Cross + 3:15 Interdenominational Service (m+)	10:30 Coffee and News (MH) Lunch: Irish Theme Meal 2:30 Bingo Buck Store (L) 4:15 Restorative Exercise (MH) 6:00 Evening Group Spring Begins!	10:00 Activity Cart 11:00 Mass + 2:30 OMA 4:45 Dinner & a Movie (MH)	10:30 Kindling for the Spirit (MH) 11:15 Exercise (MH) 1:30 Dog visits with Sophie 2:30 Happy Hour 4:00 Wii Bowling (MH)	9:30 Sunshine Visits 10:30 Word Games (MH) 2:30 Card Bingo on Rehab
24	25	26	27	28	29	30
9:30 Sunshine Visits 10:30 Kick Ball (MH) 2:30 Rosary (m+)	10:00 Activity Cart 11:00 Mass + 2:30 Bingo (L) 4:00 Chair Yoga (MH)	10:15 1:1 Visits w/ Laurie 10:15 Lutheran Service M+ 2:30 Stations of the Cross + 3:15 Resident Council (MH)	10:30 Coffee and News (MH) 2:30 Birthday Party (L) 4:15 Restorative Exercise (MH) 6:00 Evening Group	10:00 Activity Cart 11:00 Mass + 2:30 OMA 4:45 Dinner & a Movie (MH)	10:30 Kindling for the Spirit (MH) 11:15 Exercise (MH) 12:00 Ladies Lunch Outing 1:30 Dog visits with Sophie 4:00 Trivia (MH)	9:30 Sunshine Visits 10:30 Ladder Ball (MH) 2:30 Card Bingo (MH)

31
9:30 Sunshine Visits
10:30 Coffee Cart rehab
2:30 Rosary (MH)

Happy Birthday:
3/21 Maggie Breeding
3/21 Rosa Robinson
3/21 Alfred Manser
3/25 Ken Witteveen

Location Key
MH = Mendelson Hall
+ = Chapel
RH = Rehab Day Room
L = Main Lobby
M+ = Meditation Chapel

Daily Mail Delivery

Lourdes Rehab and Healthcare