



the continuum...

www.lourdesseniorcommunity.org



*Celebrating 100+ Years
with our Centenarians!*

Lourdes Senior Community is sponsored by the Dominican Sisters of Peace

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WHO WE ARE

Located on the picturesque Scott Lake in Waterford, Michigan, Lourdes Senior Community has stood as a beacon of compassionate care and vibrant living since 1965. Sponsored by the Dominican Sisters of Peace, our nonprofit organization is dedicated to empowering residents to live life to their fullest potential, guided by a dedicated board of directors.

Our commitment to excellence shines through in every aspect of our community, from resident activities and educational programs to community outreach and staffing ratios. Nestled amidst beautiful acreage and luxurious facilities, we invite you to witness the difference firsthand.

Whether you seek the independence of our active senior living, the supportive environment of assisted living, specialized memory care, or comprehensive long and short-term care options, Lourdes offers a continuum of care to suit your needs. Rest assured, should your health needs evolve, all our facilities are conveniently located on the same scenic lakefront campus.

Discover the possibilities awaiting you and your loved ones at Lourdes Senior Community. Schedule a tour today and take the first step toward a fulfilling future, by letting us help you write your next chapter.

OUR MISSION

Lourdes Senior Community, inspired by the Gospel of Jesus and sponsored by the Dominican Sisters of Peace, provides a broad continuum of care for older adults and their families. All who minister at Lourdes honor the uniqueness of each individual with compassion, love, respect and dignity.

OUR FAITH

For over five decades, Lourdes has been a beacon of care and support for seniors and their families. Founded by the Dominican Sisters in 1965, our organization has remained true to their legacy of serving the sick and elderly. With unwavering dedication, we continue to uphold their vision of offering healing, comfort, and compassion to all, irrespective of background or belief. At Lourdes, everyone is embraced with open arms.

A PRAYER FOR WINTER



Dear Lord,

In the dawn of this New Year, we turn our hearts to you—the anchor of our hope and the source of our peace. As we begin a new season at Lourdes Senior Community, we come before you with gratitude and purpose.

May your wisdom illuminate our decisions, and may your grace infuse our service. We seek your guidance, Lord, that our path may not only continue to serve seniors for future generations, but provide blessings and growth for all who minister at Lourdes.

Our Mission calls us to honor the uniqueness of each individual with compassion, love, respect, and dignity. As we navigate the coming year, may your divine guidance be our compass. Bless our efforts, Lord, that we may touch the lives of those entrusted to our care with sincerity and warmth.

Lord, we ask that your blessings overflow through our community. May our shared journey be marked by growth, unity, and an unwavering commitment to your will. Guide us, Lord, that our actions and choices align with your divine purpose, not only for the present but as a legacy for the future.

In this New Year, may Lourdes Senior Community be a beacon of your love, and may all who minister here be instruments of your grace. We place our trust in you, Lord, as we move forward in faith.

Amen.



LOURDES SENIOR COMMUNITY SENIOR LEADERSHIP GROUP

Rich Acho, MBA, MSF
*President and
Chief Executive Officer*

Jason Mize
Director, Plant Operations

Robin McClintock, CTRS
*Director, Fox Manor,
Mendelson Home*

Maureen McGee
*Administrator, Lourdes Rehabilitation and
Healthcare Center*

Colleen Burke
Director, Clausen Manor

Rebecca Latta
Director, Human Resources

David Krolikowski
Director, Finance

Wendy Mosella
Director, Development



Dear Friends,

It is truly a joyous New Year at Lourdes as we reflect on the abundant blessings that 2023 brought to our community. We are immensely grateful for the unwavering support of our incredible community of friends, donors, and dedicated team members. The commitment of those who generously give their time, talents, and treasures ensures a vibrant and fulfilling life for our residents. Our exceptional team continues to shine, providing unparalleled care that makes Lourdes Senior Community a place of warmth and compassion. Together, we have achieved so much, and we eagerly anticipate the possibilities that 2024 holds.

In this edition of *The Continuum*, we are thrilled to share the heartwarming moments that made this holiday season truly special. Christmas brought a return to our beloved holiday parties, where families gathered to celebrate with their loved ones. The halls were adorned with festive decor, live music filled the air, Santa made joyful appearances, and the aroma of delectable food filled our community. You can relive these joyous festivities on page fifteen where we've captured the magic of the season.

Additionally, we had the privilege of honoring three remarkable residents who celebrated milestone birthdays this winter. Don Overly marked his 101st birthday in December, Rose Hickey turned 101 in February, Fern Walch reached the century mark in January and Marilyn Burrell will turn 100 in July. It is truly a privilege to know these exceptional individuals and learn from their rich wisdom and history. Turn to page four to discover more about their inspiring stories and the lives they've touched.

Looking back on the accomplishments of 2023, we are immensely proud of the strides we've made in enhancing our community. With the support and prayers of our extended Lourdes family and donors, we've achieved significant milestones. Your generosity has had a lasting impact, enabling us to build a new deck on Scott Lake, renovate the beauty shop at Mendelson Assisted Living Home, establish a healing garden at Lourdes Rehab and Healthcare Center, continue our renovations of the senior living apartments and revolutionize memory care with smart technology at Clausen Manor. Turn to page seven to delve into how your support is positively changing lives and advancing the quality of senior care.

As we move into 2024, we are filled with excitement about the future and the new possibilities it holds for the residents who call Lourdes Senior Community home. In the coming year, we look forward to providing even more luxurious senior accommodations, a diverse array of activities, and technological innovations that will further enhance the lives of those we serve. The journey ahead is filled with promise, and we are grateful to have you by our side as we continue to create a community where older adults thrive.

Wishing you a year filled with much happiness and great health!

Warm regards,

Richard Acho

Rich Acho, MBA, MSF
President and Chief Executive Officer

WHAT'S NEW...

HONORING OUR CENTENARIANS

A CENTURY OF WISDOM, HISTORY AND INCREDIBLE MOMENTS

Within the Lourdes' Community, there is a kaleidoscope of history, skill, and talent. Our residents embody a diverse array of experiences, from soaring pilots to Navy sailors. They have graced the stage as dancers with the Rockettes, pursued careers in medicine, engineering, acting, and even modeling, leaving an indelible mark on the world around them.

Through moments of triumph and adversity, they've borne witness to historic events such as World War II and the lunar landing, weaving together a life story rich in wonder, resilience, and camaraderie.

Yet, amidst this mosaic of lived experiences, there is a special reverence reserved for those who have journeyed through the sands of time, traversing the centuries with grace and wisdom.

Today, it is our great privilege to introduce you to four remarkable individuals who are celebrating the extraordinary milestone of 100+ years in 2024.



DON OVERY

On December 12, 2023, Lourdes Senior Community had the pleasure of celebrating a momentous occasion as Don Overy, a cherished resident at Joseph T. Mendelson Assisted Living Home, marked his 101st birthday in style.

"We had our Christmas party that night. I kept telling everyone it was for me," Don chuckled.

Don's journey began in Albion, Michigan, where he was born and raised. He pursued higher education at Albion College before World War II. Following the war, he continued his studies in medicine at the prestigious University of Michigan. Despite a brief hiatus due to the Korean War, Don's dedication to his craft never wavered and he specialized in cardiology upon his return.

In 1952, Don found another lifelong commitment - his marriage to the love of his life, Elsie. Together, they nurtured a beautiful family, blessed with a son and two daughters.

"I have eleven grandchildren," Don proudly shared. "And I'm starting to lose track of the great-grandchildren, but by my last count, I had seven!"

Retirement ushered in a new chapter for Don, one where the demanding schedules of his medical career faded into memory.

"No more middle-of-the-night calls," he laughed. "I got to sleep in on Saturdays and Sundays. Basically, I found out how the other half lives."

Reflecting on his remarkable journey, Don admitted that reaching the century mark was a milestone he never envisioned.

"It never occurred to me," he confessed. "In all my years of practice, I never saw anyone reach 100 years of age."

Throughout his life journey alongside Elsie, Don's sense of fulfillment stemmed not only from personal achievements but from the profound impact he made in the lives of others. His unwavering dedication to the field of medicine became a beacon of hope for countless individuals seeking solace and healing.

Don's passion for medicine was not merely a career choice but a calling, a testament to his innate desire to serve, heal, and enhance the quality of life for his patients.

His altruistic spirit extended beyond the confines of his medical practice, as Don actively participated in a medical teaching program. Here, he found immense joy in imparting his knowledge and expertise to aspiring doctors and cardiologists, instilling in them the values of compassion, diligence, and excellence. For Don, this endeavor was not just about shaping careers but about empowering future generations of healers to make a difference in the lives of others.

Even in retirement, Don's commitment to service remained unwavering. His days were filled with moments of easing pain, spreading joy, and offering a comforting presence to all who crossed his path.

"Really, that's what keeps me going," Don reflected. "Helping people."

In Don's eyes, the key to longevity lies in nurturing great faith, maintaining a positive attitude, and

dedicating oneself to acts of kindness and service.

“It’s important to find fulfillment and satisfaction in your life,” Don emphasized. “Your happiness ripples outward, affecting not only yourself but your family, your children, and everyone around you.”

With unwavering conviction, Don imparts a piece of timeless wisdom to the younger generation:

“Don’t be afraid to start over, if you’re not happy.”

He acknowledges the daunting nature of this advice, especially considering the investments one may have made in their chosen path. Yet, he underscores the importance of prioritizing personal fulfillment above all else.

“For someone like me, who dedicated time and resources to becoming a doctor, starting over can be hard,” Don acknowledged. “But it’s worth it to find your purpose.”

Even as he celebrates the milestone of a century of life, Don’s message resonates with profound clarity:

“You may live to be a hundred years old, but if you’re not fulfilled, it doesn’t matter, because you really can live your whole life unhappy.”



ROSE HICKEY

Residing alongside Don at Mendelson Assisted Living Home, Rose Hickey celebrated her remarkable milestone of turning 101 years-of-age

on February 13, 2024.

In a testament to enduring love, Rose found her lifelong partner in her high school sweetheart, Donald Hickey. Together, they embarked on a journey that centered around family, raising six boys over their forty-seven years of marriage.

“For me, my greatest accomplishment lies in my family and the bonds we’ve forged,” Rose reflected with a warm smile.

Despite reaching the incredible milestone of a century, Rose admits to being taken aback by her own longevity.

“My mother lived to be 102, so I knew there was some longevity in the family, but I never imagined I’d reach 100 myself!” Rose exclaimed.

Reflecting on her life’s journey, Rose acknowledges the abundance of love, friendship, and cherished memories that have graced her path. While she expresses gratitude for every blessing bestowed upon her, there remains a wistful longing for one unfulfilled aspiration – the opportunity to pursue further education.

“I had a passion for learning,” Rose revealed. “I wish I had the chance to study more. But learning is a lifelong pursuit, and I am still learning new things today really.”

In Rose’s eyes, her faith stands as the cornerstone of her enduring journey through life. Through trials and tribulations, it was her unwavering faith that provided solace, strength, and guidance, enabling her and Don to navigate challenges and build a lasting family legacy. She takes immense pride in her boys and the extended family they’ve cultivated, bound together by a shared commitment to their faith.

As she reflects on her one hundred years, Rose underscores the importance of nurturing patience and resilience, and the transformative power of forging meaningful connections with others.

“If I could go back and offer one piece of advice to my younger self,” said Rose.

“It would be to have more patience. To trust that things have a way of working out, and not to shy away from making new friends, for the friendships I had were wonderful.”



FERN WALCH

At Fox Manor Independent Living, Fern Walch kicked off her centennial celebrations with a bang on January 15, 2024. The occasion wasn’t just a single-day affair; it spanned an entire weekend, filled with joyous gatherings of family and friends.

“I was overwhelmed by the turnout for my party,” Fern remarked with a smile. “Despite the heavy snowfall that weekend, many people braved the elements to join us!”

Born on January 15, 1924, in Italy, Fern fondly reminisces about her journey, which she believes began long before her birth. It all started with her parents, Louis and Ada Tolari.

Her father had already established roots in America when Fern made the transatlantic voyage with her mother to join him at just two years old. They settled in the bustling Italian community in downtown Detroit.

“I don’t have many memories of that area,” Fern reflected. “We eventually moved to the East Side of Detroit, where my brother, Joel, was born.”

Their family journey continued as Fern pursued her education at Jackson Intermediate School and later Southeastern High School, graduating in 1942. Throughout her life, Fern held various clerical positions, including roles at Barbara Intermediate School and Wayne State University.

On January 25, 1947, Fern exchanged vows with her beloved husband, Anthony Walch, at St. John Berchman's Catholic Parish, where they both attended grade school. The couple settled in Detroit, nurturing a life together. Their family expanded to include three boys and three girls, and today, Fern revels in the joys of a growing family, adorned with grandchildren and great-grandchildren.

Despite a long, blessed life, Fern still feels surprised to have made it to one hundred years.

"I guess it was God's plan," said Fern.

However, when asked what she believes the key to a long life is, Fern admits that there are a few tricks that have worked in her favor. Fern has always lived an active lifestyle, exploring new places, trying new things and living life to the fullest. Even at one hundred years, Fern still volunteers where she can, and tries to have a little fun every day.

She also makes sure to listen to her doctors. "I take good care of myself," explained Fern.

While Fern's life has been marked by numerous accomplishments, she considers her six children to be her greatest source of pride and joy. Watching them grow and build families of their own was and remains a rewarding experience.

Fern harbors few regrets, yet she wishes she had seized the opportunity to pursue higher education during her time working at Wayne State University.

Reflecting on her journey, Fern imparts a timeless piece of advice to her younger self: always maintain a positive outlook and never underestimate the power of a smile to illuminate life's darkest moments.

To today's youth, Fern shares these pearls of wisdom:

"Don't sweat the small stuff. Be true to yourself, pursue your dreams with gusto, and remember that a smile is your greatest asset. Life is too short to be anything but happy, and a cheerful disposition will carry you through even the toughest of times."



MARILYN BURRELL

Back at Mendelson Assisted Living Home, Marilyn Burrell is eagerly awaiting her 100th birthday in July. However, when asked if she ever expected to reach this milestone her reply was a humble, "Heavens, no!"

Born and raised in the bustling city of Detroit as an only child, Marilyn's path was paved with opportunities for growth and learning. Attending Wilkins Grade School and later Denby High School, Marilyn laid the foundation for a lifetime of curiosity and intellectual pursuit. Following her graduation, Marilyn embarked on a career at Michigan Bell, where she found herself immersed in the fast-paced world of the secretary/treasurer's office.

However, life took a delightful turn when Marilyn met her late husband, Charles. Together, they built a beautiful family, raising two daughters and leaving behind a legacy of four grandchildren and four great-grandchildren. Marilyn's heart swells with pride as she reflects on the love and joy her family has brought her throughout the years.

Despite the passage of time and the loss of many dear friends along the way, Marilyn remains grateful for the blessings of her long life. Yet, there lingers a wistful nostalgia for days gone by, particularly the freedom of hopping behind the wheel of a car and driving off into the sunset.

Throughout her journey, Marilyn has held fast to the belief that an active life fosters a vibrant mind. While she may not hold the secret to longevity, Marilyn emphasizes the importance of continuous learning and personal growth. She fondly recalls her desire to delve deeper into finance, money management, and business, particularly during her husband's ownership of a bookbinding business. Though her path may have taken unexpected turns, Marilyn finds solace in the belief that everything unfolds as it is meant to.

Today, Marilyn leaves a piece of timeless wisdom for the younger generation: "Be honest. Be thoughtful. Be kind. Do the right thing, and you'll be fine." These words, steeped in a lifetime of experience, serve as a guiding light for navigating life's journey with grace and integrity.

As we celebrate these remarkable individuals, let us take a moment to honor their resilience, wisdom, and unwavering spirit.

Here's to a century of memories and the countless lives touched. Cheers to you, Don, Rose, Fern and Marilyn!

WE ACCOMPLISH MORE TOGETHER

A REVIEW OF THE 2023 CALENDAR YEAR



Did you know Lourdes Senior Community was founded on four core values: Dignity, Spirituality, Compassion, and Service? These values have helped Lourdes become a leader in quality senior care and education for our residents and the community.

At Lourdes, our Mission is to care for older adults, serving their unique physical, spiritual, and emotional needs as they head into their golden years. We believe in equipping seniors and caregivers with the proper tools and information to help seniors thrive, by maintaining their personal independence, confidence, and health.

Throughout the transformative year of 2023, our community has flourished, and our care has evolved, thanks to the unwavering support from our extended family, friends, and generous donors like you.

THE HEALING GARDEN



At Lourdes Rehabilitation and Healthcare Center, we were delighted to complete our new healing garden. Gardens hold a special place in our residents' hearts, providing spaces for prayer, reflection, walks, planting, and precious moments with loved ones.

Conceived as an enduring tribute to grandparents, every element of the garden, from the serene fountain to the inviting benches and towering trees, bears the indelible imprint of a grandparent's love and the profound impact they leave on our lives.

At the heart of the garden, an array of decorative tiles will serve as a testament to the unique bond shared between a grandparent and grandchild. Each tile intricately depicts images that gracefully evoke cherished memories, thoughtfully crafted by the grandchildren who knew them best.

The community's resounding support for this project mirrors a collective commitment not only to creating a space radiating beauty and love but to the devoted care of seniors. It's a recognition that each resident is someone's grandparent, holding a special place in someone's heart—a sentiment woven into the very fabric of our shared commitment to the well-being of those we serve.

THE DECK ON SCOTT LAKE



Fran and Arlene (Fox Manor residents) enjoy a summer day on the pontoon boat.

Our gratitude extends to the supporters who made the newly renovated deck on Scott Lake a reality. Positioned as a central hub for various activities and family gatherings, the deck overlooks the serene waters, walking trails, and lush green surroundings at Lourdes Senior Community.

Residents cherish their time by the lake, retreating to the deck for family picnics, bird watching, fishing and of course, a little boating on the pontoon! Time by the water is a major source of rest, relaxation and reflection for our seniors and your dedication to our Mission made sure they had the best place for all of the above.

A REVIEW OF 2023 CONTINUED...



Mendelson resident enjoys hair styling in new salon!

THE NEW BEAUTY SHOP

The beauty salon at Mendelson Assisted living also underwent renovations this year for a complete transformation! The salon is a source of familiarity and self-autonomy for many residents. It is a place where they can relax, cast away their cares for a time and recapture a bit of their life.

Thanks to the family of former Mendelson resident, Mary Forte, the salon was upgraded for the first time in twenty years. The old beige wallpaper was replaced with gold mosaic designs and brass accents to give the room a more glamorous look. The new appearance offers a more luxurious experience that leaves residents not only feeling refreshed but pampered like celebrities.

FALL PREVENTION



Activities Director, Claire Burns, walks with Clausen resident, Betty Lou.

Clausen Manor followed Mendelson's leap into the future, advancing care through risk prevention and smart technology. SafelyYou is a fall prevention system that uses Artificial Intelligence video technology with remote support to catch fall risks more quickly and give families better peace of mind.

How does it work?

AI enabled cameras are installed in the bedroom where 70% of falls occur for those in memory care.

After receiving consent from the family, cameras run on-site around the clock but only preserve the video surrounding a fall or an event that ends with the resident on the floor. As such, staff can immediately act, review footage, and make real time decisions about future care.

Because of the support for this new technology, Clausen has witnessed a lower fall response time of one minute due to the notifications sent to team members after a fall occurs. ER visits have decreased as well as staff now have the ability to review footage of the fall and make preventative changes to the environment.

With thirty-six games at their fingertips, residents can catch ladybugs, prep a salad, shoot pool and more!

But what makes Tovertafel truly special is its ability to increase physical activity, stimulate conversations and enhance memory recall. Tovertafel has been proved to engage individuals at physical, social, cognitive and sensory levels, making it an absolute game changer in memory care.

As we express our deepest appreciation for the support that made Tovertafel, SafelyYou, and other projects possible, we also want to thank everyone who contributed their time, talents, and treasures to Lourdes Senior Community throughout the year.

Beyond the major projects, your support facilitated numerous accomplishments, from apartment upgrades to new patio furniture, garden flowers, and activity supplies. Together, you have played a crucial role in upholding Lourdes' mission and ensuring our continued leadership in quality senior care.

TOVERTAFEL GAMES

Family members and donors at Clausen Manor also rallied to fund a Tovertafel system—an interactive gaming table designed for older adults with varying degrees of memory loss.





LOURDES
SENIOR COMMUNITY

IMPACT *report*

700+

RESIDENTS
SERVED
ANNUALLY

53%

OF EMPLOYEES
HAVE SERVED
5+ YEARS

175+

EMPLOYEES
CHANGING LIVES
ANNUALLY

30+

VOLUNTEERS
MINISTERED
ANNUALLY

Compassion
Spirituality
Respect
Dignity





LOOKING TO THE FUTURE

As we move into the future, Lourdes Senior Community remains steadfast in our commitment to provide a comprehensive continuum of care for seniors and their families. Since our inception in 1965, Lourdes has been a beacon of quality senior care, and we are determined to carry that legacy forward into 2024, honoring the unique needs and preferences of each resident we serve.

At Lourdes, our focus isn't solely on the products and services we offer; it's on the residents who call Lourdes Senior Community home. We are committed to learning their stories, understanding their hobbies and skills, and meeting their individual needs with compassion and respect. As we move forward, our aim is to enrich the living experience for our residents by enhancing entertainment and activities, providing educational opportunities, integrating smart technology, and elevating our amenities across campus.

"We are ambitious in the goals we want to accomplish their year," said Rich Acho, President and Chief Executive Officer of Lourdes Senior Community. "There are many new and exciting opportunities out there, and so much is being done to enhance senior living. Senior communities aren't just a place for care anymore. They're an experience, an opportunity to join

clubs, try new hobbies, visit new places and learn new things. They now have salons, movie theaters, wellness centers, outdoor dining areas and more. There's really no end to the possibilities."

For Lourdes, one of those possibilities is to expand our offered services. In 2024, Angela Hospice will open a 15-room inpatient hospice in the Lourdes building. This is an offering we haven't had on our campus but have talked through with our strategic planning process. We are grateful for the opportunity to give residents on hospice the special care they deserve in their last days.

We have also entered the preliminary planning phase for an independent living expansion. A recent market feasibility study underscored the need for an additional 80 – 100 independent living apartments in Waterford by the time baby boomers reach the age of 80, which is in 2026. These individuals are seeking residences with modern amenities, enhanced technology, more socialization opportunities, a dining experience, an outdoor area that offers different activities, and much more.

To meet this growing demand, we have outlined a comprehensive expansion plan, which includes the addition of ranch-style villas and a state-of-the-art independent living

building. The villas, nestled near the current St. Jude building off of Marwood Drive, will offer 2-bedroom, 2-bathroom layouts spanning approximately 1,200 square feet each. Notably, two of these villas will serve as homes for our beloved Dominican Sisters of Peace, who currently reside on Lourdes Campus.

In addition to the villas, we are thrilled to introduce the concept for a stunning 60-unit independent living building, boasting lakefront views from every unit, and complete with balconies or patios for residents to enjoy. We will offer various unit types to include 1 bedroom, 2 bedrooms and 1 bedroom/den layout options. Complemented by amenities such as a movie theater, wellness center, and dining in both indoor and outdoor spaces with views of Scott Lake, in addition to outdoor activities.

We anticipate breaking ground on these ambitious projects in late 2024 or early 2025, with completion slated for the third quarter of 2026. These expansions signify our unwavering dedication to meeting the evolving needs of our residents and the broader community, ensuring that Lourdes remains a premier destination for exceptional senior living.

Thank You

THANK YOU TO THE FOLLOWING INDIVIDUALS AND ORGANIZATIONS THAT GENEROUSLY SUPPORTED THE HOLY WORK OF LOURDES SENIOR COMMUNITY BETWEEN JANUARY 2023 AND DECEMBER 2023.

Honorarium and Memorials

In Memory Of

Barbara Tobin Amacher
Mrs. Fern Walch

In Memory Of Ella Bare
Ms. Linda L. Record

In Memory Of Julia Bartus
Mr. Richard Bartus

In Memory Of Darrel Batchelder
Mrs. Sandy Sommerfield

In Memory Of Dorothy Bauman
Mr. Keith S. Bauman

In Memory Of Mary Brinkman
Mrs. Patricia Russell

In Honor Of Julie Brown
Ms. Rebecca Eiben

In Honor Of Lucille Brown
Mr. Matthew Golling

In Honor Of Patricia Browning
Mr. and Mrs.
Richard and Catherine Scheidt
Mrs. Carolyn Lucas

In Memory Of Agnes Callan
Mr. Dan Callan

In Memory Of Betty Caskey
Mr. David H. Paruch

In Memory Of Andy Cirinesi
Mr. Carl R. Tenuta

In Honor Of Katie Clark
Mr. William Clark

In Memory Of
Charles and Virginia Comeau
Mrs. Michaelleen A. Comeau

In Honor Of
Sister Maureen Comer, OP
Mr. William Rehor

In Memory Of Jerry Coplan
Mr. Michael Nalepa

In Memory Of Alfreda Corrigan
Mr. John J. Ling

In Memory Of Catherine Criqui
Mr. Edward W. Crowder

In Memory Of Diane Cyplik
David Cyplik

In Honor of Rhonda Davis
Mr. and Mrs. Valerio Imarisio

In Memory Of Desaulniers
Mrs. Michaelleen A. Comeau

In Honor Of
Dominican Sisters of Peace
Mr. and Mrs. Michael Vlasic

In Memory Of Wanda Eskey
Mr. and Mrs. Marilyn DeLap

In Memory Of Patricia Finnigan
Mr. Gerard Finnigan

In Honor Of Patricia Fogle
Mrs. Joan R. Dindoffer
Ms. Judy Jolly
Nancy Zajac
Mr. Justin Fogle

In Memory of Mary Kay Giles
Ms. Carol A Lisk
Mark Giles

In Honor Of Larry Giroux
Mr. & Mrs.
Joseph and Penny Arseneault

In Memory Of Joann Griffith
Mrs. Bernice Soave

In Memory Of Joseph Hance
Mrs. Lucille Hance

In Memory Of Doug & Mary Henry
Ms. Patricia J. Henry

In Honor Of Mae Herring
Ms. Barbara A. McDonald

In Memory Of Gail Hess
Mrs. Frances Brendel

In Memory Of Rochelle Huly
Mr. Alan C Huly

In Memory Of Lawrence Jacobsen
Ms. Martha C. Grimm
Mrs. Fern Walch

In Honor of Mary Kems
Ms. Judith Cunningham

In Memory Of
John and Mary Kernasovich
Sister Frances Mary Kernasovich OP

In Memory Of Gene Kirvan
Mrs. Linda Kirvan
Ms. Robin McClintock

In Memory Of Elizabeth Kish
Mrs. Linda Kabacinski
Mr. David Sayles
Mr. Dennis Kish
Ms. Jo A. Heitmeyer
Mrs. Dani Connolly



Clausen Manor residents show off their game day spirit for their favorite teams!

Mrs. Audrey Tobin
Ms. Diane Dowd
Mrs. Bernice Soave
Mr. and Mrs. John Becker
Mrs. Fern Walch

In Honor of Kleinstiver Family
Constance Kleinstiver

In Honor Of
Clarence and Lorraine Kufel
Mrs. Linda M. Gifford

In Memory Of Bill Lacy
Ms. Patricia J. Walters

In Memory Of Teresa LaFata
Mr. Joseph LaFata

In Memory Of Thomas Lawler
Mrs. Theresia Nowak

In Memory Of Lyla Lepisto
Mr. and Mrs. Matthew Golling

In Honor Of Marion (Garry) LoPrete
Ms. Patricia Hoey Carrothers

In Memory of Carl and Maria Mauro
Mrs. Barbara Brazier

In Memory Of Carl Mauro
Ms. Jo A. Heitmeyer

In Memory Of Sue McMahon
Sister Frances Mary Kernasovich OP
Mrs. Bernice Soave
Mrs. Nancy J McMahon
Mrs. Fern Walch

In Memory Of Mildred Miller
Mr. Gary W. Hummel

In Memory Of
Joseph and Evalyn Mullen
Mr. Donald F. Mullen

In Memory Of Nancy Nalepa
Mr. Michael Nalepa

In Memory Of
Jakob and Steven Nowak
Mrs. Theresia Nowak

In Honor Of Elsie Overy
Dr. Donald C. Overy

In Honor Of James Reinert
Mr. & Mrs. Larry Esterline

In Memory Of Dorothy Rupprecht
Mrs. Ann Alvis

In Memory Of Janet Schloff
Mrs. Bernice Soave
Mrs. Fern Walch

In Memory Of Norma Scruggs
Mr. & Mrs. Thomas and Leslie Vitale

In Memory Of Rita Seguin
Mr. John A. Schuster

In Memory Of
Stanley and Virginia Slabinski
Mrs. Teri Donaldson
Mrs. Fern Walch

In Memory Of
Suzanne and Salvatore Soave
Mrs. Bernice Soave

In Memory Of Siter Rose M. Takacs
Mr. Frank Joseph Wendt Jr.

In Memory Of Don TeBeau
Mrs. Fern Walch

In Memory Of Carl Tenuta
Ms. Jo. A Heitmeyer
Mrs. Fern Walch

In Honor Of Audrey Tobin
Mrs. Donna Angeli

In Memory Of James R. Vass
Mrs. Ardythe E. Vass

In Memory Of John B. Vass
Mrs. Ardythe E. Vass

In Honor Of Fern Walch
Mrs. Marcia Bawol
Mr. Matthew Walch
Mrs. Reva Rosen
Mr. Brian Bawol
Mr. & Mrs. Andrew and Monica Tracey
Wesley and Nancy Yee Giving Fund

In Memory Of Winifred C. Walter
Mrs. JoAnne M. Malito

In Memory Of
Frank J. and Elizabeth C. Wendt
Mr. Frank Joseph Wendt Jr.

In Memory Of Thelma Woods
Mr. Kevin Wisely
Mrs. Sheila London

In Memory Of Lottie Worthy
Reverend Donald Worthy

Individuals and Organizations

Mr. Richard Acho
Mr. and Mrs. John Acton
Ms. Jean Agnello
Ms. Barbara Allen
Joseph Oliver
Dr. Mark Alrais
Mrs. Ann Alvis
Mr. Amacher
Amazon Smiles
Mrs. Donna Angeli
Anonymous
Mr. & Mrs. John Aquilina
Mr. & Mrs. Joseph Arseneault
Mr. & Mrs. Donald Asdell
Mr. and Mrs. James Austin
Ms. Ann Aylward
Robert Ayotte
Azimuth Capital Management LLC
Dr. Nada Aziz, MD
Ms. Michelle Baker
Ms. Cheryl Balsis
Mr. & Mrs. Jim Bannasch
Mr. & Mrs. Jerry Bannasch
Mr. and Mrs. Richard Bartus
Ms. Batche
Rick and Debi Batchelder
Mr. and Mrs. Keith Bauman
Mrs. Marcia Bawol
Mr. Brian Bawol
Ms. Connie Bayma
Mr. & Mrs. Bryan Becker
John and Cheryl
Ms. Sheryle Benning
Mrs. Lillian Berak
Mr. Jerry Berendt
Ms. Gloria Bertollini
Ms. Gloria Beutler
Mrs. Carolyn Birtsas
Mr. David Blower
Bodman PLC
Mr. and Mrs. Steven Boggs
Ms. Kathryn Borkowski
Ms. Bowman and Mr. Stack
Ms. Janice Bradley
Mr. & Mrs. Jack Bratten

Mrs. Barbara Brazier
Mrs. Frances Brendel
Ms. Lucille Brown
Ms. Margaret Bucchi
Ms. Patricia Burke
Ms. Colleen Burke
Mr. Michael Burns
Mr. & Mrs. Philip Butler
C & G Cement Contractors Inc.
C.C. Communications
Mrs. Beth Cafaro
Mrs. Marty Caiozzo
Dan and Shelly Callan
Mr. Shayne Callan
Robert and Maria Cameon
Ms. Judith Caroselli
Catholic Foundations of Michigan
Mrs. Maurene C. Centalla
Mr. & Mrs. John Chatley
Mr. and Mrs. Michael Cianciolo
Mr. Kirk Cianciolo
Mrs. Carolyn Cianfarani
Ms. Bertha Cigan
Ms. Diane L. Claeys
Mr. and Mrs. William Clark
Mr. & Mrs. Brian Clark
Ms. Mary Clement
Mr. and Mrs. Code
Mrs. Michaelleen Comeau
Sister Maureen Comer, OP
Community Foundation
for Southeast Michigan
Compass Group - Unidire
Mr. & Mrs. Brian Condit
Mrs. Donald Condit
Ms. Dani Connolly
Mr. James Croskey
Mr. and Mrs. Ed Crowder
Mr. & Mrs. J. Cunningham
Ms. Joan Cutting
Mr. David Cyplik
Fr. Andrew Czajkowski
Mr. Allan Czanstke
Mr. Walter Czop Jr.
Mr. Michael Czop
Mr. Joseph Danyko
Mr. & Mrs. Gerry Darnell
Ms. Patricia Dearing
Mr. & Mrs. Mike DeLap
Mr. & Mrs. Ron Delasko
Joe and Catherine
Mr. and Mrs. DeNio
Mr. William Desmond Jr.
Mr. and Mrs. DeWard
Ms. Tammy Diaz
Mario and Alice DiCarlo
Ms. Mary Lou Dillon
Mr. Dennis Dilworth
Mr. and Mrs. Dindoffer
Dr. Marie DiVirgilio
Dominican Sisters of Peace
Dominican Sisters of Peace
Lourdes Convent
Mr. & Mrs. Michael Donaldson
Mr. John Donati
Mr. Lawrence Dorr
Ms. Diane Dowd
Ms. Alice Duchene
Mr. Gerard Dwyer
Ms. Rebecca Eiben
Mr. & Mrs. Larry Esterline
Dr. Arthur and Mrs. LaDonna Even
Mr. & Mrs. Thomas Fedolak
Pat Feeney

Ms. Joan Fetty
Mr. Richard Filoramo
Ms. Kim Findlay
Mr. Gerard Finnigan
Ms. Therese Flanigan
Mr. James Flanigan
Sister Carol Fleming, OP
Ms. Mary Flynn
Mr. Gregory Fogle
Mr. & Mrs. Steve Fogle
Mr. Justin Fogle
Mr. & Mrs. Robert Forrest
Mr. and Mrs. Forte
Fox Manor Residents
Frank and Gertrude Dunlap Fund
Frank Rewold and Son, Inc.
Frontstream
Fusco, Shaffer & Pappas, Inc.
Mr. & Mrs. James Gagnier
Ms. Sheryl Garrett
Mr. & Mrs. Daniel Gebauer
Mr. and Mrs. Sal Giacomazza
Mrs. Linda Gifford
Mark Giles
Ms. Renee Giroux
Ms. Carol Glowacki
Mr. & Mrs. Matthew Golling
Mr. Kenneth Gonko
Ms. Jim Gosler
Mr. & Mrs. Timothy Grajewski
Mr. and Mrs. Greaney
Mr. Edward Schwartz
Mr. Herman Greif
Ms. Martha Grimm
Jeff Gunther
Ms. Loretta Hall
Mrs. Lucille Hance
Ms. Patricia Hannum
Hard Rock Stone Works
Ms. Jo A. Heitmeyer
Mrs. Patricia J. Henry
Herbert Sims & Co
Brian Hermes
Mrs. Laura Hester
Mr. & Mrs. Hewson
Mr. Michael Hickey
Mr. & Mrs. William Hickey
Mr. David Hickey
Mr. Brian Hickey
Ms. Hoey Carrothers
Mr. Mark Hoffman
Ms. Margaret Holden
Dr. & Mrs. Michael Holden
Mr. & Mrs. Thomas Holden
Mr. & Mrs. Peter Holden
Mr. Dan Holden

Mr. and Mrs. Holm
Ms. Tammy Horne
Mr. Tony Hoskins
HPSI Purchasing Services
Msgr. Hrydziusko
Mr. Daniel Hulgrave
Mr. Alan Huly
Mr. Gary Hummel
Mr. and Mrs. Valerio Imarisio
Impact Physicians
ITS
Ms. Sally Janecek
Mr. Randy D. Jarmaga
Lorraine Jarman
Mr. Thomas Jensen
Mrs. Roseanne Jewell
Mr. Mike Jones
John R. and M. Margrite
Davis Foundation
Ms. Julie Johnson
Ms. Judy Jolly
Mr. Christopher Jones
Ms. Rose Jones
Mr. Phillip Jones
Mr. & Mrs. Alan Judge
Dr. Henrietta Juras
Mrs. Linda Kabacinski
Mr. Thomas Kane
Ms. Alicia Karell
Ms. Tammy Keeley
Dr. and Mrs. Keimig
Tim and Linda Kennedy
Sister Frances Mary Kernasovich, OP
Mr. Henry Kerr
Mr. & Mrs. Elizabeth Kersten
Mr. Kevin Crosier
Mr. & Mrs. James Kirk
Mrs. Linda Kirvan
Mr. Dennis Kish
Ms. Constance Kleinstiver
Ms. Carol Klenner
Ms. Annette Kobylarz
Mr. and Mrs. Richard Kozlowicz
Mr. Paul Kramer
Kroger
Mr. David Krolkowski
Mr. & Mrs. Richard Kroninger
Ms. Georgeanna Kruchko
Tim Krysinski
Ms. Darlene Krzycki
Mr. and Mrs. Victor Kubani
Mr. & Mrs. Joseph Kubani
Mr. Ronald Kubani



Jo, a Fox Manor resident, has some Valentine's Day Fun!



Fox Manor residents have some winter fun!

Mr. and Mrs. Kufel
 Reverend Ronald Kurzawa
 Ms. Patty Kutil
 Mr. & Mrs. Joseph LaFata
 Mrs. Mary Lamparski
 Ms. Cynthia Lampinen
 Ms. Gail Lane
 Mr. Joseph Lang
 Mr. Daniel Lassen
 Mrs. Mary Lee
 Ms. Victoria Legel
 Ms. Megan Leininger
 Mr. & Mrs. A. William Golling III
 Dr. Peter Lichtenberg
 Mr. & Mrs. Ligas
 Mr. & Mrs. Louis Lindeman, Jr.
 Ms. Kathy Lindstrom
 Mr. & Mrs. John Ling
 Sister Teresita Lipar, OP
 MS. Hannah Loeffler
 Mrs. Sheila London
 Reverend James Lopez
 Louis and Nellie Sieg Fund
 Mrs. and Mrs. William Lucas
 Sara Lucas
 Dr. & Mrs. George Magulak
 Mr. & Mrs. Joe Makowski
 Mr. & Mrs. Scott Malito
 Mr. and Mrs. Manuszak
 Mr. Laine Marks
 Ms. Catherine Marsac
 Mrs. Margaret Mathewson
 Cynthia A Matusko
 Mr. David Maxwell
 Ms. Rita Mayernik
 Ms. Joanne McArthur
 Ms. Robin McClintock
 Pat McDonald
 Ms. Barbara McDonald
 Ms. Dawn McDonald-Frailey
 Mr. & Mrs. Edward McDowell
 Ms. Maureen McGee
 Mrs. Mary Ellen McGovern
 Ms. Linda McGregor
 Mr. & Mrs. Ronald McGuire
 Ms. Kim McGuire
 Ms. Carol McIntosh
 Don McKay
 Mrs. Nancy McMahan
 Ms. Janell McPherson
 Mr. Samuel McVean
 Mr. & Mrs. Joseph Mendelson
 Ms. Jean Messing
 Mr. and Mrs. Todd Miller
 Mr. & Mrs. Gerald Mineweaser
 Mr. Kenneth Mogill
 Mr. Donald Mullen

Mrs. Susan Mulski
 Mr. & Mrs. Mike Nalepa
 Ms. Dalia Navasaitis
 Ms. Joan Nedeljkovic
 Mr. and Mrs. Neumann
 Mr. & Mrs. John Noone
 Mrs. Theresa Nowak
 Mr. & Mrs. Patrick O'Brien
 Mr. Michael Obloy
 OneCare LTC, LLC
 Mr. & Mrs. James Orndorff
 Dr. & Mrs. Thomas Osborn
 Mr. Donald Overy
 Ms. Julie Palmer
 Mr. Jim Partyka
 Mr. Dan Partyka
 Mr. & Mrs. David Paruch
 Mr. & Mrs. Stanley Pasieka
 Ms. Jennifer Patton
 Mr. & Mrs. James Peil
 Mr. and Mrs. Bigham
 Mrs. Patricia Phillips
 Ms. Shirley Piku
 Mr. & Mrs. Andrew Pitonyak
 Mrs. Victoria Pittman
 Plante Moran
 Dr. & Mrs. Charles Porretta
 Andrea Potts
 Mr. & Mrs. David Poulson
 Ms. Cynthia Price
 Mrs. Carolyn Lindeman Price
 Priority Health
 Ms. Nancy Pulte Rickard
 Mr. & Mrs. Douglas Quinn, Jr.
 Rabbin-Acho Dental, PLLC
 Mr. & Mrs. Martin Rathsburg
 Ms. Linda L. Record
 A. Kaye Reese
 Mr. and Mrs. Rehor
 Mr. Bert Reid
 Renaissance Charitable Foundation
 Reverend Richard W. Thomas Trust
 Ms. Lisa Richer Lewis
 Mr. & Mrs. Dennis Ritter
 Mr. John Rocco
 Mr. and Mrs. Robert Rosen
 Mrs. and Mr. Allen Rososky
 Mr. Rick Rudofski
 Ms. Audrey Rudofski
 Ms. Patricia Ruelle
 Sister Barbara Rund
 Ms. Joyce Rupp
 Mrs. Patricia Russell
 Mrs. Jan Rynbrandt
 Samuel L. Westerman Foundation
 Mr. Frank Sanders
 Ms. Amy Sartor

Mr. David Sayles
 Susan and Frank Scerbo
 Mr. and Mrs.
 Richard and Catherine Scheidt
 Mr. and Mrs. Schloff
 Mr. Philip Schmidt
 Mr. & Mrs. Frank Schultz
 Mr. & Mrs. John Schuster
 SCI Floor Covering, Inc.
 Mr. Frances Scott
 Mr. & Mrs. William Scott
 Ms. Jo Scruggs
 Dr. Paula Serra
 Serra Family Foundation
 Mrs. Glenda Sheets
 Mrs. Germaine Smith
 Ms. Michelle Smith
 Mrs. Bernice Soave
 Mr. Paul Soave
 Mrs. Emily Solosy
 Mrs. Sandy Sommerfield
 Dr. Orest Sowirka
 St. Benedictine Monestary
 Mr. Russell Stabile
 Mr. Terry Stalla
 Ms. Carole Stiefvater
 Mr. & Mrs. Michael Stier
 Ms. Tracy Storbeck
 Mr. & Mrs. John Stouffer
 Mr. & Mrs. Kenneth Stress
 Mr. & Mrs. Thomas Stuart
 Ms. Alena Subova
 Ms. Judith Surhigh
 Mr. and Mrs. Richard Swando
 Ms. Janell Tadjajewski
 Ms. Terri Tahnoose
 Mr. & Mrs. Donald Tebeau
 Mr. & Mrs. Donald Tebeau, Sr.
 Ms. Kathleen Teets
 Mr. Carl Tenuta
 Ms. Tenuta Landry
 Ms. Franziska Thaler
 Mr. Alan Thayer
 The Blackbaud Giving Fund
 The Mary Thompson Foundation
 Judith Caroselli
 David Thornbury
 Mrs. Aubrey Tobin
 Mr. & Mrs. Tracey
 Transparent Energy LLC
 Mr. Joseph Trummer
 Ms. Carol Van Cleave
 Mr. & Mrs. Mark Van Faussien
 Mrs. Ardythe Vass
 Mr. & Mrs. Frank Vecchio
 Mr. & Mrs. Thomas Vitali
 Mr. & Mrs. Angelo Vitali
 Mr. & Mrs. Angelo Vitali
 Mr. & Mrs. Michael Vlasic
 Mrs. Fern Walch
 Mr. Matthew Walch
 Ms. Walters
 Emily Warchuck
 Ms. Ann Marie Wattai
 Mrs. N. Noreen Watza
 Mr. & Mrs. Timothy Wayland
 Ms. Evana Webster
 Ms. Susan Welker
 Mr. & Mrs. Frank Wendt
 Mr. and Mrs. Wesley Yee
 Ms. Rita Whitehead
 Mr. and Mrs. Robert Winter
 Mr. & Mrs. Kevin Wisely
 Father Donald Worthy
 Ms. Frances Wyatt

Mr. & Mrs. David Yarber
 Ms. Mary-Ellen Yokie
 Annie York
 Mrs. Nancy Zajac
 Mr. & Mrs. Michael Zak
 Ms. Joann Zalenski
 Mr. Ronald Zeeman
 Ms. Beverly Zeeman
 Mr. & Mrs. Robert Zgnilec
 Mr. William Zurbruggen

In-Kind Gifts

Allied Eagle Supply
 Ann Arbor Comedy Showcase
 Bella Florist
 Mr. and Mrs. Bigham
 Bordine's Nursery
 Colleen Burke
 Mr. & Mrs. John Chatley
 Clausen Manor
 – Memory Care Facility
 Diane Claeys
 Crossroads Village
 Fire Systems of Michigan
 Four Winds Casino
 Fox Manor on the Lake –
 Independent Living Apartments
 Hard Rock Stone Works
 Mr. Tony Hoskins
 Joseph T. Mendelson Home –
 Assisted Living Apartment
 Ms. Annette Kobylarz
 Mr. and Mrs. Richard Kozlowski
 Ms. Patty Kutil
 Rebecca Latta
 John and Isabel Lopez
 Pat McDonald
 Mary Ellen McGovern
 Mark Ridley's Comedy Castle
 Wendy Mosella
 Rainforest Café
 Waterfall Jewelers
 Ms. Ann Marie Wattai

wish list

TO CONTINUE OFFERING THE BEST SERVICE TO OUR RESIDENTS WE WOULD LIKE TO PURCHASE THESE ITEMS. IF YOU CAN HELP PLEASE CALL WENDY AT 248-886-5674.

Joseph T. Mendelson Assisted Living Home - **Sound System - \$9,000** - Mendelson Home is in need of a new building wide sound system installation.

Clausen Manor - **Flowers - \$500** - Clausen Manor gardening club is a resident favorite at our memory care facility. Clausen is looking for donations to help cover plant purchases and update gardening tools.

Baking Essentials - \$1,200 - Clausen Manor baking club not only affords an opportunity for our residents to get back in the kitchen, it provides them with an opportunity to enjoy their favorite treats and snacks. Baking club requires around \$100 each month for baking goods and supplies.

Fox Manor - **Gazebo by the Lake - \$10,000** - The gazebo by the lake is a place for Fox residents to relax, reflect and enjoy the fresh air. Unfortunately, it was lost during construction of the rehab wing at Lourdes Rehab and Healthcare Center. For her 100th birthday, Fern began a fundraiser for a new gazebo. She was able to raise just shy of \$3000 for this project, but \$7000 is still needed to complete the gazebo this summer.

Lourdes Rehab and Healthcare Center - **Tovertafel - \$12,500** - Lourdes is looking to join Clausen Manor with the addition of a Tovertafel Gaming Table for their memory care residents. The Tovertafel Gaming Table aids communication, memory recall and in increasing physical activity.

Large Smart TV - \$500 - Lourdes Activity Department is in need of a new smart tv. Residents use this tv for movies, playing games and more.

Sound System - \$1,000 - Lourdes is in need of a portable microphone and speakers to help amplify sound at activities and events for those who need hearing aid.

DID YOU KNOW YOU CAN DONATE A LIFE INSURANCE POLICY?

Giving the gift of your life insurance involves little effort or paperwork, comes with the financial advantage of continued ownership of your policy, and removes the asset from your potential gross taxable estate. You can change your mind and your beneficiaries at any time.

Donating life insurance can also be a more affordable way of contributing to charity. Rather than giving a large amount all at once, you can pay the smaller monthly premiums and still make a substantial donation to a charity, like Lourdes Senior Community. If you continue to make premium payments on a policy after donating it to Lourdes Senior Community, those payments are tax deductible. Please note that Lourdes Senior Community is not able to make premium payments from its own funds.

You might even consider a new life insurance policy. With payments that are low (and perhaps even automatic), you can create a gift capable of doing much greater good in the future.

Additionally, your charitable gift of a life insurance policy may:

- Reduce your taxable estate and lower estate taxes
- Provide tax deductions for both the current value of the policy and for any future premium payments

For more information, contact Wendy Mosella in the Development Department at 248-886-5674 or wmosella@lourdes-sc.org.



A RETURN TO THE HOLIDAYS



Santa visits with Clausen Manor residents at their annual Christmas party.

Throughout the winter months, Lourdes Senior Community undergoes a serene transformation. Snow softly blankets the tree branches, the sunsets over Scott Lake paint the sky in soft pastels, and our residents turn indoors, enjoying the warmth of hot chocolate and cozy fireplaces. The energy becomes relaxed and serene as we patiently await the return of spring.

But during the month of December, spirits were festive, as three of our buildings saw a return to their annual holiday celebrations!

Lourdes' holiday parties hold a profound significance for our residents, as well as for many in senior care. Transitioning to a new chapter in a senior community can be a challenging adjustment.

The holidays, traditionally a time for family and cherished traditions, often evoke a sense of longing for residents who miss the familiar aspects of their own homes — from decorating to baking with loved ones and engaging in gift exchanges. Our annual Christmas parties serve as a heartwarming bridge, bringing these cherished traditions and the warmth of family right to their front door.

“Our residents really get into Christmas,” said Tammy Keeley, Director of Activities at Fox Manor. “We decorate our doorways, and enjoy Christmas crafts and concerts, but the holiday party is truly the main event.”

Fox Manor brings its own unique touch to the holiday season. Amidst the delightful backdrop of delicious appetizers and the festive sounds of holiday music, visitors eagerly participate in Fox Manor's much-loved 50/50 raffle, enjoy live entertainment, and capture joyous family moments on camera.

The highlight of the event, however, is the Twelve Days of Christmas. Each table is given a part to stand up and sing, bringing the entire room together for some festive fun and a few good laughs.

But Fox Manor wasn't the only facility who recaptured their holiday traditions in 2023.

At Clausen Manor Memory Care, the annual party holds a special significance for the residents who live there. For those requiring memory care, the holiday season can act as a window for cherished memories, intersecting the joy of the present with the echo of the past. The decorations, carols and the taste of holiday treats can evoke responses that transcend the ordinary as residents are greeted by familiar sights, sounds and the warmth of familiar faces.

“Their faces light up when they see the lights and sing their favorite Christmas songs,” said Colleen Burke, Director of Clausen Manor. “It takes them back to a different time in their lives, and you can see it in their faces.”

We are grateful to all who were able to share in the season with us and for those who made this heartening experience possible for our residents. The return of our holiday parties marks a significant step toward normalcy and connection, and we look forward to many more joyous celebrations in the years to come.



SING OUT FOR MUSIC THERAPY

Laurie Herman always has a song in her heart, and she also has a big heart for Lourdes Senior Community. Laurie has been serving residents at Lourdes since 1996 with a musical repertoire that meets the needs of residents in every area of senior living and care.

She started at the Rehabilitation and Healthcare Center back when it was still called Lourdes Nursing Home, then gradually expanded her role to include Fox Manor on the Lake, Mendelson Assisted Living Home and Clausen Manor Memory Care.

Laurie's musical classes are uniquely tailored to fit the needs, capabilities and interests of each resident, offering a diverse range of musical experiences. Her lessons include instrumental performances, group singing, dancing, and the opportunity to learn chimes, bells and more.

The residents love her program, but it is more than fun and entertainment Laurie brings to our seniors. Music therapy offers a great deal of benefits for everyone, and today we want to share a few ways music therapy specifically benefits older adults.

Cognitive Enhancement:

Music has a magical way of stimulating various areas of the brain, even in individuals with cognitive challenges. Engaging in music therapy can improve memory, attention, and overall cognitive function. It's like a symphony for the mind, keeping those neurons firing and creating new connections!

Emotional Well-being:

Music has the power to evoke emotions, uplift spirits, and bring joy to our hearts. Through music therapy, seniors can express themselves, release stress, and find solace in a favorite melody. It's a beautiful way to enhance emotional well-being, reduce anxiety, and promote a sense of peace and happiness.

Social Connection:

Music has the unique ability to bring people together, transcending age, language, and background. Participating in music therapy sessions allows seniors to connect with others, share their love for music, and create meaningful bonds. It's a fantastic opportunity to foster social interaction, combat loneliness, and build a sense of community.

Physical Rehabilitation:

Music therapy isn't just about the mind and emotions; it can also have a positive impact on physical health. Through rhythmic movements, dancing, or playing instruments, seniors can improve coordination, balance, and motor skills. It's a fun and engaging way to promote physical rehabilitation and overall well-being.

Quality of Life:

Music therapy has the incredible ability to enhance the overall quality of life for seniors. It can bring back cherished memories, spark creativity, and provide a sense of purpose and fulfillment. Through singing, playing an instrument, or simply listening to music, seniors can find immense joy and meaning in this therapeutic experience.

Whether singing, tapping your feet, or simply enjoying the melody, music has the unique ability to motivate, heal, connect, inspire, and strengthen us. We are continually grateful for Laurie and the music therapy program.



SAVE THE DATE

23RD ANNUAL GOLF FOR LOURDES EVENT

THURSDAY, JUNE 20, 2024

¡Hola Amigos!

As we bid farewell to the icy grip of winter and eagerly await the warmth of spring, we are thrilled to announce the return of our beloved tradition – **the 23rd Annual Golf for Lourdes Event!** Get ready to shake off those winter blues and join us for a sun-soaked **FIESTA** on **Thursday, June 20, 2024.**

Last year, your support helped us raise nearly \$50,000 in revenue, which has been instrumental in providing essential programs, educational initiatives, and entertainment for our cherished community. Thanks to your generosity, we were able to complete our new healing garden, enhance our buildings and courtyards, and sponsor enriching music and art therapy programs for our residents!

But the journey doesn't end there.

This year, our sights are set even higher as we strive to provide our residents with an even greater level of comfort and care.

With your continued support, we aim to enhance our residents' living experience with more luxurious accommodations, state-of-the-art healthcare appliances, cutting-edge smart technology, comprehensive educational resources, and life-enriching entertainment and activities.

So dust off your golf clubs, mix up your favorite margarita, and prepare to fiesta for a truly worthy cause. Together, let's make this year's **Golf for Lourdes Event** our most successful yet!





Lourdes Legacy Event

ENSURING OUR LEGACY FOR FUTURE GENERATIONS
STAY TUNED FOR MORE INFORMATION

We are delighted to share with you this year's Annual Legacy Event at Lourdes Senior Community.

This cherished occasion is a testament to our commitment to honoring the rich tapestry of individuals who have woven their time, talent, and treasures into the vibrant fabric of Lourdes' legacy.

While in previous years we've had the privilege of spotlighting a few exemplary individuals, this year, we aim to cast our gaze upon the collective contributions of all those who have played a part in shaping Lourdes' enduring legacy.


For over six decades, Lourdes has flourished, owing much of its success to the boundless generosity of our friends, family, donors, and volunteers. This collective support has propelled Lourdes Senior Community to the forefront of quality senior living and care.

In the past decade alone, we've embarked on a journey of transformation, enhancing our amenities and services to enrich the lives of our residents. From upgraded facilities and innovative technology to enriching therapies and educational initiatives, we've spared no effort in fostering a nurturing environment that promotes well-being in every aspect.

In 2022, we embarked on a significant endeavor - the creation of a healing garden. This serene sanctuary, dedicated to honoring Lourdes' past legacy and ushering in a new era of growth, symbolizes our unwavering commitment to our residents and their families.

We hope you will join us for a delightful garden party. It will be an evening filled with celebration, appetizers, and a heartfelt toast to our shared journey.

Please make sure to follow our website at www.LourdesSeniorCommunity.org or our Facebook page for more information as this event continues to develop. Or, contact Elisha Christopher in the Development Office at 248-886-5673 or echristopher@lourdes-sc.org.





— FIND YOUR FAMILY AT FOX MANOR —